

# DEVICE RULES

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HAVE YOU:

- MADE YOUR BED
- BRUSHED YOUR TEETH
- BRUSHED YOUR HAIR
- GOTTEN DRESSED
- HAD BREAKFAST

**AND**

- 30 MINUTES OF READING
- 30 MINUTES OF WRITING/COLORING
- CLEAN UP ROOM
- FINISHED YOUR CHORES
- PLAYED OUTSIDE FOR 20 MINUTES
- MADE/BUILT SOMETHING CREATIVE
- HELPED SOMEONE IN THE FAMILY

**THEN YOU CAN USE ELECTRONICS**